

# Two Wheels or Two Feet: Sharing the Way

Arlington's trails and sidewalks are some of the best in the region and are getting more popular all the time.

Learning how to share our trails and sidewalks will help everyone use them safely.

## For Cyclists:

### How to share the way with pedestrians

Bikes roll faster than people walk. Pedestrians may not even hear you coming. Some things you can do to share the way:

- Warn pedestrians at least 2-3 seconds before passing them. Bells are best. Use verbal warnings only when necessary.
- Slow down and give pedestrians at least an arm's length of clear space when passing. This will help avoid collisions and near misses.
- Use bike lanes when available. Remember, on sidewalks, pedestrians always have the right-of-way. Ride cautiously and respectfully.

## For Pedestrians:

### How to share the way with cyclists

Cyclists move faster than you do. Most cyclists will want to pass you on the trails. Listen for their warnings and know what to do:

- Stay to the right. If walking side by side, be prepared to walk single file.
- Don't stop suddenly or step to the left without first checking behind you. If you want to stop, step off the trail.
- Riding on the sidewalk is permitted almost everywhere in Arlington. If a cyclist needs to get by, try to make room.

## For Everyone: How to share the way

- Obey traffic rules and signs.
- Be considerate of other users.
- Stay alert, especially when wearing earphones.

**Whether on two wheels or two feet, courtesy will help get you there.**



[www.BikeArlington.com](http://www.BikeArlington.com)



[www.arlingtonva.us](http://www.arlingtonva.us)



[www.WALKArlington.com](http://www.WALKArlington.com)